## SP Level 1 DONNING CHECKLIST

Step #	Task	Criteria	Completed
1.	Prepare to don PPE	Remove watches, jewelry and other items that could interfere with integrity of PPE.	☐ Yes ☐ No
2.	Gather PPE in proper sizes	<ul> <li>Gown</li> <li>N95 respirator</li> <li>1 pair of non-sterile gloves</li> <li>Eye protection (face shield or goggles)</li> </ul>	☐ Yes ☐ No
3.	Inspect PPE	Inspect PPE for any holes, rips, or tears.	☐ Yes ☐ No
4.	Perform hand hygiene	Perform hand hygiene on bare hands using alcohol- based hand sanitizer.	☐ Yes ☐ No
5.	Don gown	<ul> <li>Ensure gown fully covers torso from neck to knees; arms to end of wrists, and wraps around the back.</li> <li>Fasten gown at the back of neck and waist.</li> </ul>	☐ Yes ☐ No
6.	Don N95 Respirator	<ul> <li>Open the mask fully by separating the 2 sides and bend the nose piece to a slight curve.</li> <li>Separate the 2 elastic bands.</li> <li>Place the bottom of the mask under your chin</li> <li>Pull both bands up and over your head and place the lower band at the base of your head (below ears) and the upper band at the crown of your head (above ears).</li> <li>Place your fingertips from both hands at the top of the metal nose piece. Slide fingertips down both sides of the metal nose piece to mold it to the shape of your face.</li> <li>Perform seal check by inhaling and exhaling several times. Mask should deflate and inflate with breaths. Adjust mask if seal is not complete.</li> </ul>	□ Yes □ No
7.	Don face shield (or goggles)	<ul> <li>For face shield, expand the elastic band. Place over the back of head, pulling forward and over the head so that the foam strip sits just above the eyebrows.</li> <li>Recheck seal on N95.</li> </ul>	☐ Yes ☐ No
8.	Don gloves	Extend to cover cuff of gown.	☐ Yes ☐ No

Colored steps indicate location: Red = in patient room | Yellow = In anteroom or dedicated doffing area | Green = In clean zone outside patient room

V8 12.2021 Page 1 of 3



## SP Level 1 DOFFING CHECKLIST

Step#	Task	Criteria	Completed
1.	Inspect PPE	<ul> <li>In patient room;</li> <li>Inspect PPE for soiling or breaches</li> <li>If PPE is visibly contaminated, use a single EPA approved disinfectant wipe to swipe once over the contaminated area and immediately discard the wipe into the waste container. Use a fresh wipe for each visibly contaminated area.</li> </ul>	☐ Yes ☐ No
2.	Doff gown and gloves	<ul> <li>Gown front and sleeves and the outside of gloves are contaminated!</li> <li>Unfasten gown ties, taking care that sleeves do not contact body when reaching for ties.</li> <li>Grasp the gown in the front at shoulder level and pull away from your body so that the ties break, touching outside of gown only with gloved hands.</li> <li>Pull gown away from neck and shoulders, carefully removing arms from gown.</li> <li>While removing the gown, peel off gloves at the same time, only touching the inside of the gown.</li> <li>While removing the gown, fold or roll the gown inside-out into a bundle.</li> <li>Place the gown and gloves into waste container.</li> <li>If your hands get contaminated during gown or glove removal, immediately wash your hands or use an alcohol-based hand sanitizer.</li> </ul>	□ Yes □ No
3.	Perform hand hygiene	<ul> <li>Perform hand hygiene on bare hands with alcohol-based hand sanitizer or wash hands.</li> </ul>	☐ Yes ☐ No
4.	Transition to Outside of Patient's Room	<ul> <li>Move to outside of patient's room.</li> <li>Ensure the patient's room door is closed.</li> </ul>	☐ Yes ☐ No
5.	Perform hand hygiene	<ul> <li>Perform hand hygiene on bare hands with alcohol-based hand sanitizer or wash hands.</li> </ul>	☐ Yes ☐ No
6.	Doff face shield (or goggles)	<ul> <li>Avoid touching the outer contaminated area of face shield!</li> <li>Bend at waist over the waste container.</li> <li>Grasp the rear strap with both hands and pull it up and over the back of head, and allowing the face shield to fall away from face.</li> <li>Discard in the waste container.</li> </ul>	☐ Yes ☐ No

Colored steps indicate location: Red = in patient room | Yellow = In anteroom or dedicated doffing area | Green = In clean zone outside patient room

V8 12.2021 Page **2** of **3** 



## SP Level 1 DOFFING CHECKLIST

Step #	Task	Criteria	Completed
		<ul> <li>If your hands get contaminated during goggle or face shield removal, immediately wash your hands or use an alcohol- based hand sanitizer.</li> </ul>	
7.	Perform hand hygiene	<ul> <li>Perform hand hygiene on bare hands using alcohol-based hand sanitizer or wash hands.</li> </ul>	☐ Yes ☐ No
8.	Doff N95 respirator	<ul> <li>Avoid touching the outer contaminated area of mask/respirator!</li> <li>Bend forward at waist over the infectious waste container.</li> <li>Using both hands, grasp the bottom elastic strap and bring to top of head. Once at the crown of head, grasp the top elastic strap and pull forward and away from face, allowing the mask to fall into the waste container.</li> <li>If your hands get contaminated during mask removal, immediately wash your hands or use an alcohol-based hand sanitizer.</li> </ul>	□ Yes □ No
9.	Perform hand hygiene	<ul> <li>Perform hand hygiene on bare hands with alcohol-based hand sanitizer or wash hands.</li> </ul>	☐ Yes ☐ No
10.	Follow Up	Sign out of Staff Log sheet.	☐ Yes ☐ No

Colored steps indicate location: Red = in patient room | Yellow = In anteroom or dedicated doffing area | Green = In clean zone outside patient room